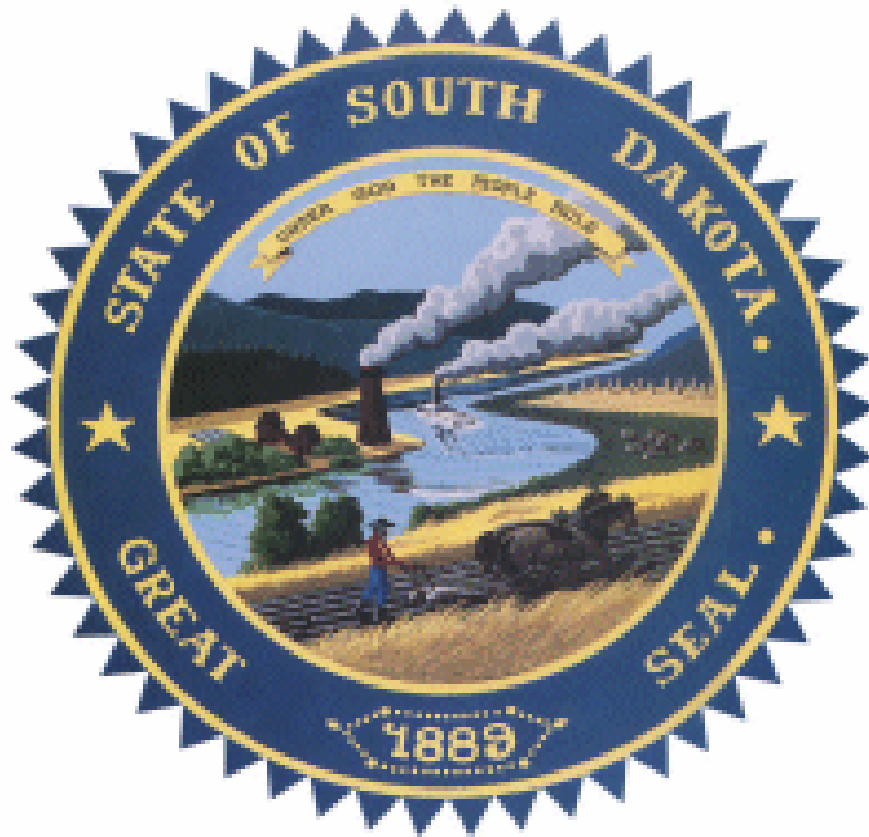


# **State of South Dakota**

## **Department of Human Services**



### **Division of Alcohol and Drug Abuse**

### **Correctional Substance Abuse Programs**

June 30, 2008

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### **Administration/Contacts**

Program Administrator	Jeff Bathke	605-773-3773 (Pierre) 605-367-5230 (Sioux Falls) 605-770-0218 (Cell)
Central Region	Tommi Teigen, Director	605-773-8470 (Pierre) 605-280-3943 (Cell)
South Region	Wayne Dougherty, Director	605-369-4420 (Springfield) 605-941-4751 (Cell)
East Region	Jessica Cook, Director	605-367-5799 (Sioux Falls) 605-941-3698 (Cell)
West Region	John (Jack) Stoddard, Director	605-673-2521 (ext. 163) 605-673-1511 (Cell)
Adolescent Releases	Pamela Ludwig	605-673-2521 (ext. 228)
Parole Coordinator	Cindy Ryan	605-367-5025 (Sioux Falls)
Parole Coordinator	Tonya Honomichl	605-367-7685 (Sioux Falls)

### **Mission**

*To provide ongoing, quality, client specific chemical dependency services to individuals under the supervision of the South Dakota Department of Corrections.*

### **Overview/Structure**

The South Dakota Department of Human Services Division of Alcohol and Drug Abuse Correctional Substance Abuse Programs provide chemical dependency services at five Department of Corrections facilities located throughout the state, as well as the Keystone and City/County Meth Programs. Adolescents and adults, as well as those on parole, are offered a full array of prevention and treatment options depending on individual need.

A staff of 46 chemical dependency counselors and support staff serve populations at STAR Academy for adolescents, as well as the South Dakota State Penitentiary, Mike Durfee State Prison, Yankton Trustee Unit, and South Dakota Woman's Prison for incarcerated adults. Upon release from these facilities, a Parole/Release Coordinator links students/inmates to continued services in the community.

Working closely with the Department of Corrections, the Correctional Substance Abuse Programs have designed services to meet the needs of the institution as well as the client. Services provided include; Assessments, Prevention/Education, Crisis Intervention, Outpatient Services, Intensive Outpatient Treatment, Native American Specific Treatment, Meth Specific Treatment, Co-Occurring Treatment, and Referrals.

Our mission, to provide ongoing, quality, client specific chemical dependency services; supports our commitment to develop, enhance, and implement programming to serve the needs of all those under the supervision of the South Dakota Department of Corrections.

The Department of Human Services Division of Alcohol and Drug Abuse Correctional Substance Abuse Programs works in conjunction with the Department of Corrections to ensure that the chemical dependency prevention and treatment needs of both adolescents and adults are addressed. A Memo of Understanding outlines this relationship and the responsibilities of each agency in the provision of staff, programming, materials, training, and supplies.

The Correctional Substance Abuse Programs are divided into 4 regional areas, as well as Parole Services; in order to ensure adequate organizational, administrative, and supervisory support:

- ◆ West Region
  - ◆ STAR Academy, East and West Campus
  - ◆ Adolescent Release Coordinator.
- ◆ Central Region
  - ◆ South Dakota Women's Prison and Intensive Methamphetamine Treatment Unit
- ◆ South Region
  - ◆ Mike Durfee State Prison and Yankton Minimum Unit
- ◆ East Region
  - ◆ South Dakota State Penitentiary and Minnehaha County Work Release Center
  - ◆ The Parole Coordinators are also located in Sioux Falls.

Supervisory staff assigned to each region are responsible for the day to day operation of the units under their direction. Clerical functions are located in 3 of the 4 locations. The Central Region does not have clerical support.

### **Accreditation/Certification**

All Correctional Substance Abuse Programs are fully accredited under the Administrative Rules of the State of South Dakota; Article 46:05.

All Correctional Substance Abuse Program Counseling Staff are certified through the South Dakota Certification Board for Alcohol and Drug Professionals. Trainee staff receive a 5 year recognition as they acquire the course work and experience to certify as Chemical Dependency Counselors. Certified staff (Level I, II, or III depending on education and experience) must reapply for certification on a yearly basis. In addition to a minimum of 20 hours of continuing education each year all staff are provided with initial and ongoing training through the Department of Corrections, the Department of Human Services, and the Correctional Substance Abuse Programs. Staff at all institutions receive 40-120 hours of Pre-Service Training through DOC as well as at least 80 hours through CSAP. Several Staff are also trained as Corrective Thinking Practitioners.

# **CORRECTIONAL PROGRAMS**

## **PROGRAM ADMINISTRATOR**

**Jeff Bathke, CCDC III**



Jeff earned his Bachelor of Science degree from the University of South Dakota in 1995 with a major in Psychology and minors in Sociology and Alcohol & Drug Abuse. He started his career as a Chemical Dependency Counselor at the State Training School in 1995, becoming Level II certified in 1997. In 1997 he also became the counselor and director of the Chemical Dependency Program at the Abbott House in Mitchell. In 1999, Jeff returned to the Division as the Supervisor of the Training School and West Farm Programs. Upon the closure of the Training School, Jeff became the Supervisor of the programs at the Penitentiary and West Farm in Sioux Falls. In April 2004, Jeff became the Program Administrator overseeing all adult and adolescent chemical dependency programs inside the Department of Corrections facilities. He also oversees programming for Parole, the Keystone Methamphetamine Treatment Program, the City/County Methamphetamine Treatment Program, and a portion of the Community Agency Site Reviews. In 2006, Jeff upgraded to a Level III Counselor under the South Dakota Certification Board of Alcohol and Drug Professionals. Jeff is an Advisory Board Member for the University of South Dakota Alcohol & Drug Abuse Department and the USD Online Certificate Advisory Committee. Jeff is also enrolled in the State Government Leadership Excellence Graduate Certificate Program. Jeff lives in Mitchell with his wife Michelle and 3 children.

# **ADOLESCENT PROGRAMS SUPERVISOR**

## **STAR ACADEMY-CUSTER**

**Jack Stoddard, MA, CCDC III**



Jack earned his Bachelor degree in Drug & Alcohol Studies from the University of South Dakota in May 1999, followed by his Masters in Clinical Counseling in May 2002. He earned his level III certification from the South Dakota certification board in the Spring of 1999. Jack has also completed all but his dissertation for EDD in Adult and Higher Education.

Jack has over ten years experience in the Drug and Alcohol Treatment field. He has worked with Adolescents and Adults in and out of Corrections. Jack's first position in the field was at Springfield Academy in 1996. In 2000 he accepted a position with the Division at Mike Durfee State Prison, transferring to the Yankton Minimum Unit in 2001. In November 2004 Jack was appointed to the Clinical Director position at the South Dakota State Penitentiary. In July 2006 Jack transferred to the Custer Youth Corrections Center, where he currently is the Clinical Director. Jack lives in Custer with his wife Rebecca.

# **ADOLESCENT PROGRAMS OVERVIEW**

**STAR Academy**  
**12779 Brady Drive**  
**Custer, SD 57730-9647**

The STAR Academy West Campus is located approximately 5 miles south of Custer. This facility is comprised of 3 independent boys programs; Admissions Center, Patrick Henry Brady Academy, and Youth Challenge Center. The Star Academy East Campus, which is located 12 miles east of Custer in Custer State Park, consisting of the Excel and Quest Girls programs. Institutional count on June 1, 2008 was 138.

## **Admissions Center**

The Admissions Center is a 24 bed unit that manages adolescent males coming into the STAR system. During the intake phase individuals are given a variety of assessments including chemical dependency, education, psychological, and medical to establish their programming needs. Individuals are then placed in a program that best fits their needs.

## **Patrick Henry Brady Academy**

The Patrick Henry Brady Academy is a 48 bed highly structured lifestyle component unit designed for boys 14 to 18 years old. The program is an individualized length of stay based on completion of treatment plan goals. When they meet the Treatment Plan goals, they will be eligible for release. Program components or services are individualized to each student; to include High School Education, Chemical Dependency, Group Counseling, Life-skills and Physical Education. The average length of stay is 120 days.

## **Youth Challenge Center**

The Youth Challenge Center is a 48 bed program that offers young men an opportunity to develop a sense of self-worth, learn self-control, gain insight into the problems that brought them to the attention of the court system, improve their education, and to develop quality vocational and work skills. Program components include High School Education, Chemical Dependency, Group Counseling, and Life-skills.

## **QUEST**

Located in Custer State Park the Quality Educational Services and Treatment Program is a licensed group home for girls which opened in December 1996. The program serves 24 juvenile females and includes High School Education, Chemical Dependency, Group Counseling, and Life-skills. QUEST serves girls that have in many cases been physically or sexually abused or who have significant chemical dependency issues.

## **ExCEL**

Located in Custer State Park the ExCEL program is a 24 bed program that includes intake for the girls programs. Program components include High School Education, Chemical Dependency, Group Counseling, and Life-skills. Excel is designed to improve the quality of life for female juvenile offenders through a short-term comprehensive wellness approach that includes counseling, education, life skills development, and positive role modeling for participants.

## **Adolescent Programs Services Provided**

The Correctional Substance Abuse Program staff located at the STAR Academy provides the following services to the juveniles housed in that facility:

- ◆ Assessment:
  - All boys who enter the STAR Academy Admissions Center as well as those girls who enter the QUEST or ExCEL girls programs are given a full Chemical Dependency Treatment Needs Assessment or Update to clarify need for, and appropriate level of programming.
- ◆ Pre-Intensive Treatment
  - Pre-Intensive Treatment consists of 2 hours of services per week for a period of 6 weeks. Participants are provided with chemical dependency education, group therapy, and individual counseling to assist in preparing them for intensive outpatient treatment. (Youth Challenge Center and QUEST)
- ◆ Intensive Outpatient Chemical Dependency Treatment:
  - Intensive Outpatient Treatment consists of 9 hours of services per week for a period of 8 weeks. Participants are provided with chemical dependency education, group therapy, and individual counseling. (PHB Academy, Youth Challenge Center, and QUEST)
- ◆ Continuing Care:
  - Continuing Care consists of 4 hours of services per week for an ongoing period. Individuals who have completed treatment on site or at other facilities prior to arriving at STAR Academy may attend this program. (Youth Challenge Center, Living Center, and QUEST)



## ADOLESCENT PROGRAMS YEARLY STATISTICAL REPORT

**Institution: STAR Academy-Custer**

**Reporting Period: FY 2008**

**Total Number of Assessments Completed: 432 (328 males/104 females)**

**Race:** White: 208 (48%) Native Am: 197 (45.6%) Other: 1 (0.2%) Black: 14 (3.2%) Asian: 1 (0.2%)  
Hispanic: 9 (2.1%) Multi-Ethnic: 2 (0.5%)

Substance Dependence Diagnosis	Primary	Primary %	Total	Total %
303.90 Alcohol	115	26.6%	153	35%
304.4 Amphetamine	0	0%	7	1.6%
304.3 Cannabis	102	23.6%	181	4.2%
304.2 Cocaine	2	.5%	3	.7%
304.5 Hallucinogen	0	0%	3	.7%
304.6 Inhalant	2	.5%	13	3%
304.0 Opiate	1	.2%	3	.7%
304.6 Phencyclidine	0	0%	0	0%
304.8 Polysubstance	1	.2%	2	.5%
304.1 Sedative, Hypnotic, or Anxiolytic	0	0%	3	.7%
304.9 Other or Unknown	0	0%	4	.9%
<b>Total with Substance Dependence Diagnosis</b>	<b>223</b>	<b>51.6%</b>		

Substance Abuse Diagnosis	Primary	Primary %	Total	Total %
305.0 Alcohol	56	13%	124	28.7%
305.7 Amphetamine	0	0%	10	2.3%
305.2 Cannabis	48	11%	89	20.6%
305.6 Cocaine	0	0%	6	1.4%
305.3 Hallucinogen	0	0%	7	1.6%
305.9 Inhalant	2	.5%	22	5.1%
305.5 Opiate	0	0%	8	1.9%
305.9 Phencyclidine	0	0%	0	0%
305.4 Sedative, Hypnotic, or Anxiolytic	0	0%	2	.5%
305.9 Other or Unknown	0	0%	0	0%
<b>Total with Abuse Diagnosis</b>	<b>106</b>	<b>24.5%</b>		

<b>Combined Total with Abuse or Dependence Diagnosis</b>	<b>329</b>	<b>76.2%</b>		
<b>799.9 Deferred Diagnosis</b>	<b>7</b>	<b>1.6%</b>	<b>7</b>	<b>1.6%</b>
<b>V71.09 No Diagnosis</b>	<b>96</b>	<b>22.2%</b>	<b>96</b>	<b>22.2%</b>
<b>305.1 Nicotine</b>	<b>0</b>	<b>0%</b>	<b>0</b>	<b>0%</b>
<b>312.31 Pathological Gambling</b>			<b>0</b>	<b>0%</b>

Program Participation			
Number Currently in Treatment	21	Number Completing Treatment	261
Number Currently in Continuing Care	14	Number Completing Continuing Care	81
Number Currently in Pre-Treatment	16	Number Completing Pre-Treatment	153
Number Currently in Relapse Program	0	Number Completing Relapse Program	0
Number Currently in Prevention	0	Number Completing Prevention	0

## **ADOLESCENT TRANSITION & COMMUNITY SERVICES**

### **Pamela Ludwig, CCDC III**



Pamela Ludwig started her employment with the state in 1987 as a Correctional Officer at what is currently Mike Durfee State Prison. Over the last 18 years she has also worked with juveniles at Springfield Academy and at the State Training school as well her current position at the Custer Youth Corrections Center. In October 2001, she started with the Division as a Counselor at the State Training School in Plankinton. A month later, she was informed the Training School would be closing. Pam took the opportunity to transfer to Custer as a Chemical Dependency Counselor. In the Fall of 2005 Pam completed all the requirements for level II certification under the experience track for the Certification Board for Alcohol & Drug Professionals. In August of 2007, she received her level III certification. Most recently Pam has been appointed to the Transition Coordinator for juvenile releases. She is responsible for scheduling chemical dependency appointments, Mental Health appointments, and assisting in finding a suitable release plan for clients as they transition back to the community.

In her spare time she enjoys throwing darts, 4-wheeling on the trails, taking the paddle boat to the local lakes, and spending time in the beautiful Black Hills. Pam lives in Custer with her husband Brian and two of her five children. Her other 3 children are in college.

### **Adolescent Programs Transition Services Provided/Statistics**

The Correctional Substance Abuse Programs Transition staff provides services to Adolescents across the state. This position serves as a liaison between the Division of Alcohol and Drug Abuse, Correctional Substance Abuse Programs, State Training and Rehabilitation Academy, Juvenile Community Corrections, and community providers to ensure comprehensive and ongoing chemical dependency and mental health services to juveniles under the supervision of the Department of Corrections.

The total FY2008 referrals were 410.

Service	Yearly	Yearly %
No Recommendation	117	29
Prevention Education	21	5
Level I Aftercare Services	260	63
Level II.1 IOP in the Community	3	1
Level II.1 Slip/Slot	0	0
Level III.1 Residential Placement	0	0
Level II.5 Day Treatment	0	0
Level III.7 Inpatient Treatment	9	2
Level III.7 Dual Diagnoses Programming	0	0
Total	<b>410</b>	<b>100</b>

Twelve youth were referred to treatment upon release from the facility. Three were referred to Intensive Outpatient Treatment in the community due to short term sanctions. Nine youth were referred to Level III.7 Medically Monitored Intensive Inpatient Treatment. Some reasons for the referral to this level of care were; client was admitted to the Intake and Holding Center in STAR Academy on Short-term Sanctions to be assessed, client was admitted to the Intake and Holding Center after receiving an assessment referring them to Level III.7, and the client did not successfully complete Level II.1 Intensive Outpatient treatment while in the STAR Academy program.

# **ADULT MALE PROGRAMS**

## **SOUTH REGION PROGRAM SUPERVISOR**

**Wayne Dougherty, CCDC III**



Wayne Dougherty earned his Bachelor of Science degree from the University of South Dakota in Allied Health in 1985 with a major in Alcohol and Drug Abuse Studies and a minor in Psychology. Since that time he has worked as a counselor in several programs in South Dakota. Since January 1989, Wayne has been the Director of the South Region of the Corrections Substance Abuse Programs. He earned his level II certification from the South Dakota certification board in August of 1985 and up graded to level III in 1992. He also earned his Prevention Specialist certification from the South Dakota certification board in 1996. In his present position he is responsible for supervising the corrections alcohol and drug treatment programs at Mike Durfee State Prison in Springfield and the Yankton Minimum Unit. Wayne also is trained as a Case Presentation Evaluator for the South Dakota Certification Board of Alcohol and Drug Professionals. He lives in Springfield with his wife Judy.

# **SOUTH REGION PROGRAM OVERVIEW**

**Mike Durfee State Prison  
1412 North Wood Street  
Springfield, SD 57062-0322**

The Mike Durfee State Prison is located on the campus of the former University of South Dakota at Springfield. The 1984 Legislature closed USD Springfield and authorized the Board of Charities and Corrections to establish the correctional facility. Springfield State Prison opened in December of 1984. On September 10, 1999 the prison was renamed in honor of Mike Durfee, Deputy Director of the South Dakota Department of Corrections.

Male inmates housed at the prison are selected from the inmate population at the Penitentiary in Sioux Falls. Male inmates cannot be sentenced directly to the facility in Springfield and they must have reached a medium security status and good disciplinary record to transfer to the facility in Springfield. Institutional count at this facility on June 1, 2008 was 1,173.

In addition to Chemical Dependency Services and treatment for sex offenders, Literacy, Adult Basic Education, GED, Vocational Education in Welding, Machine Tool, Auto Body, Business and Occupations, Landscape/Horticulture and Building/Custodial are also offered.

The Department of Corrections Administrative staff at Mike Durfee State Prison also oversees operations of the Yankton Minimum Unit and the Rapid City Trustee Unit. No Chemical Dependency Services are offered at the Rapid City Trustee Unit for Adult DOC inmates, where 98 inmates were housed on June 1, 2008.

## **MDSP Services Provided**

The Correctional Substance Abuse Programs staff located at Mike Durfee State Prison provide the following services to the inmates housed in that facility:

- Intensive Outpatient Chemical Dependency Treatment:
  - Regular Intensive Outpatient Treatment consists of 15 hours of services per week for a period of 6 weeks. Inmates are provided with chemical dependency education, group therapy, and individual counseling.
  - Relapse Intensive Outpatient Treatment consists of 12 hours of services per week for a period of 4 weeks. Focusing on individuals who have been on parole for a period of time and then relapsed and are returned to the system for completion of this program which includes other components and then returned directly back to their communities. This group deals with issues specific to relapse and the development of specific recovery strategies to avoid future problems.

- Native American Specific Intensive Outpatient Treatment uses material culturally specific to the Native American inmates. It consists of 15 hours of service per week for period of 6 weeks. Inmates are provided with chemical dependency education, group therapy and individual counseling.
- Co-Occurring Disorder Intensive Outpatient Treatment uses material designed to educate inmates on chemical dependency and co-occurring mental disorders. The prison Mental Health program provides consultation and co-facilitation services for this program.
- Methamphetamine Specific Intensive Outpatient Treatment consists of 12 hours of services per week for a period of 10 weeks. Focusing on individuals who have been given a diagnosis of methamphetamine dependence, this program utilizes components of the researched based treatment for methamphetamine addicts titled the MATRIX Model.
- Continuing Recovery Class:
  - A one hour Continuing Recovery Class is available on an on-going basis for inmates who have completed treatment and wish to further develop and enhance their recovery knowledge and skills. Inmates earn elective credits for attending this program.
- Twelve-Step Study Group:
  - A one hour Twelve-Step Study Group is available on an on-going basis for inmates who are seeking more information regarding twelve-step programs such as Alcoholics and Narcotics Anonymous. Inmates earn elective credits for attending this program.
- Twelve-Step Meetings:
  - Alcoholics and Narcotics Anonymous meetings are available 1 evening per week.
- Referral:
  - Those needing continued service subsequent to leaving the facility are referred to appropriate services in their home community.

**Yankton Minimum Unit  
PO Box 7600  
Yankton, SD 57078**

The Yankton Minimum Unit is located in the Pierce Building on the grounds of the Human Services Center, which opened in the 1970's to provide support services for the Human Services Center. The YMU provides workers for several different programs including the Human Services Center, Community Service Projects, and work release. Institutional count at this facility on June 1, 2008 was 266.

In addition to Chemical Dependency Services, YMU provides GED and elective educational classes, a wide range of recreational activities, and a variety of religious services.

## **YMU Services Provided**

The Correctional Substance Abuse Programs staff located at Yankton Minimum Unit provide the following services to the inmates housed in that facility:

- Intensive Outpatient Chemical Dependency Treatment:
  - Intensive Outpatient Treatment consists of 15 hours of services per week for a period of 6 weeks. Inmates are provided with chemical dependency education, group therapy, and individual counseling.
  - Short Term Treatment consists of 14 hours of services per week for a period of 4 weeks. Inmates are provided with the same format as that in the Intensive Outpatient Program but in a more intensive, short term, approach. This program serves inmates who are near the end of their incarceration or who have significantly shorter sentences to complete.
  - Native American Specific Intensive Outpatient Treatment consists of 15 hours of service per week for a period of 6 weeks. Inmates are provided with chemical dependency education that is specific to the Native American Culture, group therapy and individual counseling.
- Twelve-Step Meetings:  
Alcoholics and Narcotics Anonymous meetings are available 1 evening per week.
- Referral:
  - Those needing continued service subsequent to leaving the facility are referred to appropriate services in their home community.

## **EAST REGION PROGRAM SUPERVISOR**

**Jessica Cook, CCDC III**



Jessica Cook is a Level III certified chemical dependency counselor and has been working in the correctional substance abuse programs since July of 2001. Prior to working for the Division of Alcohol and Drug Abuse, Jessica earned a Bachelor of Science degree from the University of South Dakota, double-majoring in Alcohol and Drug Abuse Studies and Psychology. Jessica is currently the clinical director for the correctional substance abuse programs at the South Dakota State Penitentiary and the Minnehaha County Work Release Center and has previously held the positions of chemical dependency counselor and parole transition coordinator. While working in these positions Jessica has gained experience providing assessments, group counseling and individual counseling for adult and adolescent males and females inside the Department of Corrections facilities.



# **EAST REGION PROGRAM OVERVIEW**

**South Dakota State Penitentiary  
1600 North Drive  
PO Box 5911  
Sioux Falls, SD 57117-5911**

The South Dakota State Penitentiary is located in Northern Sioux Falls, SD occupying approximately 30 acres. First constructed as a territorial prison in 1881, it became the SDSP when South Dakota was granted statehood in 1889. Though much of the original building remains, numerous structural changes have occurred over the intervening years. The main penitentiary, known as “the hill”, contains three housing units; West, South and North. Institutional count at this facility on June 1, 2008 was 681.

The G. Norton Jameson Annex opened in February 1993, as a secure unit adjacent to the main building of the South Dakota State Penitentiary. The Jameson Annex was originally built with two housing units. In 2007 an additional unit was constructed, which is attached to the original structure. The complex contains three housing units within a secure perimeter, Units A, B and D. These units are utilized for maximum custody inmates and as a disciplinary segregation unit. Also located in the Jameson Annex is the Admissions and Orientation Unit for new inmates entering the system, as well as the Mental Health Observation Unit. Institutional count at this facility on June 1, 2008 was 405.

Unit C, a minimum security unit, is located outside the perimeter fence next to Jameson. All Institutional services are available to Unit C inmates. Institutional count at this facility on June 1, 2008 was 266.

Inmates may be employed in institutional support or prison industries. Institutional support includes food services, clerking in various departments, cell orderlies or maintenance. Prison Industries include upholstery, printing, sign, decal, housing, license plates, carpentry, book bindery, machine shop, Braille, garments, and data entry. All of the work except housing, garment, and data entry are done at the Penitentiary.

In addition to Chemical Dependency Services and treatment for sex offenders, inmates are offered Mental Health Services, literacy, Adult Basic Education and GED classes.

The Department of Corrections Administrative staff at the State Prison also oversees operations of the Redfield Trustee Unit. This unit is located on the grounds of the Redfield Developmental Center and housed 118 inmates on June 1, 2008, who maintain the grounds of the Developmental Center. No Chemical Dependency Services are offered at the Redfield Developmental Center for Adult DOC inmates.

## **East Region Services Provided**

The Correctional Substance Abuse Program staff located at the South Dakota State Penitentiary and the Minnehaha County Work Release Program provides the following services to the inmates:

- ◆ Initial Screenings:
  - All adult male inmates who enter the South Dakota Department of Corrections system through the Jameson Intake Unit are screened to determine a need for chemical dependency services.
- ◆ Intensive Outpatient Chemical Dependency Treatment:
  - Regular Intensive Outpatient Treatment consists of approximately 9-15 hours of services per week for a period of 4 to 6 weeks. Inmates are provided with chemical dependency education, group therapy, and individual counseling.
  - Methamphetamine Intensive Outpatient Treatment consists of 15 hours of services per week for a period of 7 weeks. Focusing on individuals who have been given a diagnosis of methamphetamine dependence, this program utilizes components of the researched based treatment for methamphetamine addicts titled the MATRIX Model.
  - Co-Occurring Disorders Intensive Outpatient Treatment consists of 10 hours of services per week for a period of 10 weeks. Focusing on individuals who have a substance dependence and a mental health disorder, this program works to educate the individual on how both can affect their quality of life.
- ◆ Continuing Recovery Class:
  - A one hour Continuing Recovery Class is available on an on-going basis for inmates who have completed treatment and wish to further develop and enhance their recovery knowledge and skills. Inmates earn elective credits for attending this program.
- ◆ Twelve-Step Meetings:
  - Alcoholics and Narcotics Anonymous meetings are available one evening per week.
- ◆ Referral:
  - Those needing continued service subsequent to leaving the facility are referred to appropriate services in their home community by the parole transition coordinators for the Division of Alcohol and Drug Abuse.

## ADULT MALE PROGRAMS YEARLY STATISTICAL REPORT

**Institution:** All Adult Male **Reporting Period:** June 07-May 08 (FY2008)

**Total Number of Assessments Completed:** 2010

**Gender:** ☒ Male ☐ Female

**Race:** White: 1146/57% Am. Ind.: 639/32% Ala. Nat.: 2/0% Black/AA: 130/7% Asian: 8/0% NH/PI: 5/0% Other: 80/4%

Substance Dependence Diagnosis	Primary	Primary %	Total	Total %
303.90 Alcohol	1224	61%	1455	72%
304.4 Amphetamine	160	8%	494	25%
304.3 Cannabis	291	14%	976	49%
304.2 Cocaine	45	2%	258	13%
304.5 Hallucinogen	1	< 0%	39	2%
304.6 Inhalant	1	< 0%	14	1%
304.0 Opiate	18	1%	68	3%
304.6 Phencyclidine	0	0%	0	0%
304.8 Polysubstance	2	< 0%	6	< 0%
304.1 Sedative, Hypnotic, or Anxiolytic	2	<0%	11	1%
304.9 Other or Unknown	0	0%	4	< 0%
<b>Total with Substance Dependence Diagnosis</b>	<b>1744</b>	<b>87%</b>		

Substance Abuse Diagnosis	Primary	Primary %	Total	Total %
305.0 Alcohol	68	3%	160	8%
305.7 Amphetamine	2	<0%	58	3%
305.2 Cannabis	24	1%	141	7%
305.6 Cocaine	3	<0%	66	3%
305.3 Hallucinogen	0	0%	26	1%
305.9 Inhalant	0	0%	21	1%
305.5 Opiate	0	0%	22	1%
305.9 Phencyclidine	0	0%	0	0%
305.4 Sedative, Hypnotic, or Anxiolytic	0	0%	11	<0%
305.9 Other or Unknown	0	0%	0	0%
<b>Total with Abuse Diagnosis</b>	<b>97</b>	<b>5%</b>		

<b>Combined Total with Abuse or Dependence Diagnosis</b>	<b>1841</b>	<b>92%</b>		
<b>799.9 Deferred Diagnosis</b>	<b>169</b>	<b>8%</b>		<b>%</b>
<b>V71.09 No Diagnosis</b>	<b>0</b>	<b>0%</b>		<b>%</b>
<b>312.31 Pathological Gambling</b>			<b>74</b>	<b>4%</b>

Program Participation			
Currently in Regular Treatment		Completing Regular Treatment	819
Currently in Meth Treatment		Completing Meth Treatment	81
Currently in Co-Occurring Treatment		Completing Co-Occurring Treatment	61
Currently in Relapse Treatment		Completing Relapse Treatment	199 (CTP)
Currently in Native American Treatment		Completing Native American Treatment	139
Currently in Continuing Care		Completing Continuing Care	14
Total Currently in Treatment		Total Completing Treatment	1299

# **ADULT FEMALE PROGRAMS**

## **CENTRAL REGION PROGRAM SUPERVISOR**

**Tommi Teigen, CCDC II**



Tommi Teigen earned her Bachelor of Science degree in Social Work from the University of Mary in Bismarck, North Dakota. She is currently a licensed Social Worker and is certified as a Level II Chemical Dependency Counselor. She interned at the North Dakota Youth Correctional Center during college. In 2005 she became a counselor at the South Dakota Women's Prison. She is currently the Chemical Dependency Supervisor of the main prison and the Intensive Methamphetamine Treatment Program in Pierre, South Dakota.

# **CENTRAL REGION PROGRAM OVERVIEW**

**South Dakota Women's Prison  
3200 East Highway 34  
C/O 500 East Capitol Avenue  
Pierre, SD 57501-5070**

The South Dakota Women's Prison is located in the Solem Public Safety Center which also houses the state corrections offices and law enforcement agencies of the state, county, and city governments. In 1995, legislation was introduced that authorized the construction of a new women's prison in Pierre which was dedicated in October 1997. After passage of the bill, the idea was pursued of joining resources with local governments to best utilize the new facility. In 2006, the prison expanded into the old DCI building and implemented an Intensive Methamphetamine Treatment Program. Institutional count at this facility on June 1, 2008 was 322.

In addition to Chemical Dependency Services and treatment for sex offenses, literacy, Adult Basic Education and GED classes are available.

### **Central Region Services Provided**

The Correctional Substance Abuse Programs South Dakota Women's Prison has a staff of 8 Chemical Dependency counselors and a Supervisor. The program provides the following services to the inmates:

- ◆ Initial Screenings:
  - All adult female inmates who enter the South Dakota Department of Corrections system are screened to determine a need for chemical dependency services.
- ◆ Intensive Outpatient Chemical Dependency Treatment:
  - Intensive Outpatient Treatment consists of 12 hours of services per week for a period of 5 weeks, with additional individual counseling as needed. Inmates are provided with chemical dependency education, group therapy, and individual counseling. For those with chronic relapse issues, we focus on issues specific to relapse and the development of recovery strategies to avoid future problems. This program serves parole violators as well as those who have been continually incarcerated.
  - Native American Specific Treatment consists of 12 hours of services per week for a period of 5 weeks. Inmates are provided with chemical dependency education that is specific to the Native American Culture, group therapy and individual counseling.
  - Intensive Methamphetamine Treatment (IMT). A 40 bed Intensive meth treatment program; 15 months in duration; consists of four phases, including six months at the State Women's Prison and nine months in the community. The actual CD Treatment is 90 days in length. This program is based on principles of the nationally recognized, research based Matrix Model, a highly structured, intensive program which includes the following treatments for substance use disorders that have empirical support: CBT (Cognitive Behavior Therapy); CM (Contingency Management) which involves positive rewards for treatment progress; 12 step programs and Community Reinforcement.
  - Co-Occurring Disorders Treatment consists of 10 hours of services per week for a period of 10 weeks. Focusing on individuals who have a substance dependency and a mental health disorder, this program works to educate the individual on how both can affect her quality of life.
- ◆ Referral:
  - Those needing continued service subsequent to leaving the facility are referred to appropriate services in their home community by our Parole Coordinator. Referrals are made for Chemical Dependency and Mental Health issues.
- ◆ AA/NA:
  - For those that desire to attend AA/NA, weekly meetings are provided.

## ADULT FEMALE PROGRAMS YEARLY STATISTICAL REPORT

**Institution:** 300 SDWP      **Reporting Period:** FY08 Year End Report

**Total Number of Assessments Completed:** 405

**Gender:** ☐ Male    ☒ Female

**Race:** White: 210 (52%) Am. Ind.: 178 (44%) Ala. Nat.: 0(0%) Black/AA: 10 (2%) Asian: 0(0%) NH/PI: 1 (<1%)  
Other: 6 (1%)

Substance Dependence Diagnosis	Primary	Primary %	Total	Total %
303.90 Alcohol	199	49%	287	71%
304.4 Amphetamine	104	26%	189	47%
304.3 Cannabis	32	8%	168	41%
304.2 Cocaine	18	4%	86	21%
304.5 Hallucinogen	0	0%	7	2%
304.6 Inhalant	0	0%	1	<1%
304.0 Opiate	14	3%	34	8%
304.6 Phencyclidine	0	0%	1	<1%
304.8 Polysubstance	0	0%	0	0%
304.1 Sedative, Hypnotic, or Anxiolytic	0	0%	7	2%
304.9 Other or Unknown	2	<1%	4	1%
<b>Total with Substance Dependence Diagnosis</b>	<b>369</b>	<b>91%</b>		

Substance Abuse Diagnosis	Primary	Primary %	Total	Total %
305.0 Alcohol	2	<1%	20	5%
305.7 Amphetamine	5	1%	17	4%
305.2 Cannabis	3	<1%	35	9%
305.6 Cocaine	2	<1%	24	6%
305.3 Hallucinogen	0	0%	5	1%
305.9 Inhalant	0	0%	2	<1%
305.5 Opiate	1	<1%	17	4%
305.9 Phencyclidine	0	0%	2	<1%
305.4 Sedative, Hypnotic, or Anxiolytic	0	0%	4	1%
305.9 Other or Unknown	0	0%	2	<1%
<b>Total with Abuse Diagnosis</b>	<b>13</b>	<b>3%</b>		

<b>Combined Total with Abuse or Dependence Diagnosis</b>	<b>382</b>	<b>94%</b>		
<b>799.9 Deferred Diagnosis</b>	<b>23</b>	<b>6%</b>	<b>23</b>	<b>6%</b>
<b>V71.09 No Diagnosis</b>	<b>0</b>	<b>0%</b>	<b>0</b>	<b>0%</b>
<b>312.31 Pathological Gambling</b>			<b>25</b>	<b>6%</b>

Program Participation			
Currently in Regular Treatment	9	Completing Regular Treatment	156
Currently in Meth Treatment	24	Completing Meth Treatment	94
Currently in Co-Occurring Treatment	8	Completing Co-Occurring Treatment	NA
Currently in Relapse Treatment	NA	Completing Relapse Treatment	NA
Currently in Native American Treatment	7	Completing Native American Treatment	39
Currently in Continuing Care	NA	Completing Continuing Care	NA
Total Currently in Treatment	48	Total Completing Treatment	289

## **ADULT TRANSITION & COMMUNITY SERVICES**

**Cindy Ryan, CCDC II**



Cindy Ryan earned her Bachelors of Science Degree from the University of South Dakota in Psychology with minors in Criminal Justice and Alcohol and Drug studies. In May of 2007 Cindy achieved her Level II certification. Cindy has over six years of experience working in the field. Cindy has worked with adolescents and adults in Community Agencies as a residential counselor, assessment counselor, and aftercare counselor. She has also worked in Corrections as a treatment counselor. Cindy's most recent endeavor is working as a Parole Transition Coordinator. Cindy is responsible for scheduling chemical dependency appointments, Mental Health appointments, and finding a suitable plan for parolees as they transition back to the community.



### **Tonya Honomichl, CCDC III**



Tonya Honomichl earned her Bachelors of Science Degree from the University of South Dakota in Psychology and Alcohol and Drug studies. In May of 2005 Tonya achieved her Level II certification. Tonya has worked with adolescents and adults in Community Agencies providing assessments, prevention, and inpatient treatment. In January 2008 Tonya began her current position as a parole transition coordinator for the Corrections Substance Abuse Program. In her present position Tonya is responsible for scheduling chemical dependency appointments, Mental Health appointments, and finding a suitable plan for parolees as they transition back to the community. Tanya's position is actually under the Division of Mental Health, but she works on Mental Health and Chemical Dependency cases.

## **Transition & Community Services Provided**

The Correctional Substance Abuse Programs Transition staff provides services to parolees across the state.

The Coordinators also work closely with the Department of Corrections, Parole, Mental Health, and Medical to release inmates with multiple issues in a timely manner. Examples would be clients with mental health issues, sex offenses, severe chemical dependency issues, and physical limitations or disabilities.

The Parole Coordinators also oversee the placement of clients in the Keystone Correctional Methamphetamine Treatment Program. This program started on October 4, 2004. As of June 1, 2008; 59 of the 97 clients (61%) placed in the Keystone program had either completed or were still involved in the program.

The Parole Coordinators also oversee the placement of clients in the City/County Alcohol & Drug Program Methamphetamine Treatment Program. This program started on August 24, 2005. As of June 1, 2008; 40 of the 79 clients (51%) placed in the program had either completed or were still involved in the program.

1,546 Parolees were referred to Community Chemical Dependency and Mental Health Agencies in FY08. Breakdown of referrals:

<u>Service</u>	<u>Yearly Referrals</u>	<u>Yearly Percentage</u>
Level I Aftercare Services	1148	.74
Level II.1 IOP in the Community	134	.09
Level II.1 Slip/Slot (from Prison)	41	.03
Level II.1 Slip/Slot (from Streets)	0	0
Level III.1 Residential Placement	206	.13
Level II.5 Day Treatment	1	0
Level III.7 Inpatient Treatment	0	0
Level III.7 Dual Diagnosis program	0	0
Mental Health Only	16	.01
TOTAL	1546	100

There have been 176 inmates referred to IOP or slip slot treatment in this fiscal year due to not receiving treatment inside the prison. Major reasons for this were; short sentences, housed in a facility where treatment is not offered, or they were not scheduled for treatment by their Case Manager.

## **SOUTH DAKOTA PAROLE OFFICES**

Sioux Falls Parole Services  
1600 North Drive  
PO Box 5911  
Sioux Falls, SD 57117-5911  
605-367-5040

Sioux Falls Parole Office  
408 South 2<sup>nd</sup> Ave., Suite 104  
Sioux Falls, SD 57104-6919  
605-367-5780

Aberdeen Parole Office  
112 South Lincoln Street  
Aberdeen, SD 57401-4214  
605-626-2268

Brookings Parole Office  
1310 South Main Avenue  
Brookings, SD 57006  
605-688-6780

Huron Parole Office  
351 Wisconsin Avenue SW, Suite 105  
Huron, SD 57350  
605-353-7366

Mitchell Parole Office  
116 East 11<sup>th</sup> Street  
Mitchell, SD 57301  
605-995-8155

Pierre Parole Office  
3200 East Hwy 34, Suite 7  
Pierre, SD 57501-5070  
605-773-4947

Rapid City Parole Office  
510 N. Campbell St., Suite 104  
Rapid City, SD 57701  
605-394-2206

Spearfish Parole Office  
710 12 Street  
PO BOX 126  
Spearfish, SD 57783-0126  
605-642-6853

Yankton Parole Office  
1719 Broadway Ave., Suite C  
Yankton, SD 57078  
605-668-3200

Winner Parole Office  
313 Main Street  
PO BOX 408  
Winner, SD 57580  
605-842-1501

Watertown Parole Office  
2001 9<sup>th</sup> Avenue SW,  
Suite 400  
Watertown, SD 57201-4032  
605-882-5002

Parole Services is the oversight division for the parolees under supervision of the Department of Corrections. Parole Services consists of Parole Agents, Supervisors, and support staff who are responsible for monitoring the day-to-day activities of the parolees. Parole Agents conduct investigations, assist with parole revocation hearings and assist in finding necessary community services where available.